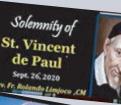


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Charism –based Vision Mission

Concordía

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Welcome

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Concordia College of Daughters of Charity, St. Louise de Marillac **Educational System is** an audacious Christcentered educational institution committed empowering to communities of learners into innerdirected Vincentian leaders who are advocates of persons living in poverty situations and of God's Creation.



Solemnity of St. Vincent de Paul Sept. 26, 2020

CM, Rev. Fr. Rolando Limjoco

St. Vincent De Paul Continues to Inspire Concordians in Acts of Charity Amidst Covid 19 Pandemic

By: Maria Isabel Gamil

St. Vincent de Paul Patron Saint of all Charitable Works was known for his Vincentian Mission in helping and sharing with the poor people. Inspired Concordians continue the mission by giving 250 packed lunch to the Construction Workers in Quirino, Manila last September 26, 2020 after the Holy Mass celebration.

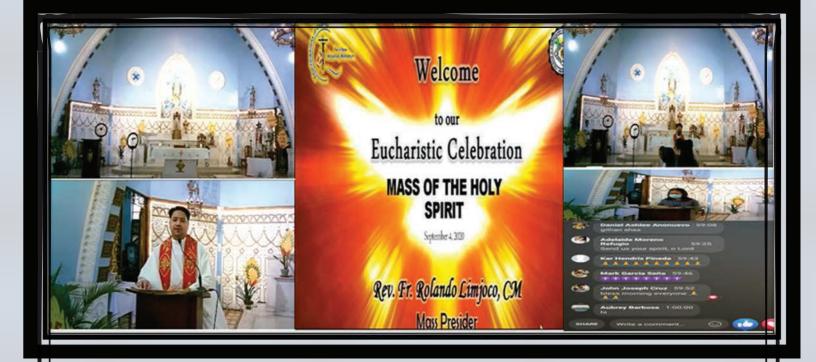
It was a blessed Saturday for Concordians in celebrating the Feast of St. Vincent de Paul in the Lady of Miraculous Medal Chapel. Attended by CC personnel and live thru YouTube streaming.

Rev. Fr. Rolando Limjoco Jr., CM led the sacred homily as he shared the importance of the Gospel of God in helping and sharing with the poor people in which is the key of true blessed happiness in life, even in this Pandemic.

Daughters of Charity Sisters with some personnel led the charitable mission after the Holy Mass, as they went to Quirino Highway Manila giving 250 packed lunch to construction workers. The safety of the involved personnel and sisters were practiced as they sanitized their hands, wore protective masks and face shield and did social distancing while giving food to the workers.

The people who were given the food were very thankful and blessed for the graces, Concordia College shared.

Appreciation and priceless smiles among the faces of the workers for the charitable mission serves the successful mission of St. Vincent de Paul through his Vincentian community today that his advocate will continue in helping and sharing with the people who are in need even in this Covid 19 Pandemic.



Live Stream Holy Spirit Mass of Concordia College Generates 1200 Plus Online Viewers

By: Maria Isabel Gamil

Mass of the Holy Spirit twining with First Friday Mass via online streaming in our Lady of Miraculous Medal Chapel generated 1200+ CC attendees both from the students, lay partners, parents and alumni.

It was the first time for Concordians to have the Eucharistic Celebration under the New Normal, as Covid 19 pandemic ceases to stricken our privilege of social gatherings especially going to churches for everyone's safety. But Concordia College as a Catholic Institution continues to profess its Catholic identity through the celebration of the Holy Mass. The said Eucharistic celebration was held

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last September 04, 2020 at 08:00 AM. with Reverend Father Rolando Limjoco, CM. as the mass presider.

Personal presence of the members of the Concordia College community was limited in number due to adherence to protocols set forth by IATF.

According to students and teachers, it has been customary for catholic schools to open and welcome the School Year with the mass of the Holy Spirit, invoking the presence of the Holy Spirit for guidance and protection of all educational institutions.

Even if it's a new norm of praising the Lord, the program started with solemnity, peace and presence that heartily felt as the hymn was played in the online streaming.

Fr. Rolando Limjoco delivered his homily with his

important message and to quote, "The Lord is reminding us that trusting is not only sacrificing or giving people of something with someone dahil kung minsan it has also become getting rid of someone especially who are in need. Jesus wants us to be involved in the charity and be part of his life through helping the needy as well."

Despite this pandemic, Concordia College will never stop praising the Lord and its mission to become advocates of St. Vincent and St. Louise de Marillac in helping the poor by extending it to the four corners of our home.

The 1200 online viewers didn't let their faith be unfelt as they sent warm and heartily messages to the comment box of the online streaming video. **CONCORDIA SPONSORED** WEBINAR MANAGING YOUR ONHEALTH MENTAL AMIDST THE COVID-19 PANDEMIC

By: Maria Isabel Prindiana

The Concordia College as a learning institution held a webinar entitled "Managing Your Mental Health Amidst the Pandemic" last November 19, 2020 via Google meet and YouTube streaming. The School invited Dr. Ma. Cristina Esquivel - Saldivar and she talked about how we can handle and strengthen our mental health especially right now that we are currently in middle of the pandemic.

The topic was shortly introduced by Mrs. Rizza Feeney, whom also led the prayer for the afternoon. She also welcomed the IBED Principal, Ms. Nereann Tuano for the Opening Remarks. Ms. Tuano later on welcomed the Guest Speaker, Dr. Ma. Cristina Esquivel – Saldivar, the currently

Internal Business Adviser and Deputy Executive Director of In Touch Community Services, Inc. and a part-time faculty at De La Salle University, Counseling and **Educational Psychology** Department.

After the introduction, Dr. Saldivar shared the true meaning of Mental Health for the doctors since people have different perspectives towards the topic. Dr. Saldivar said that the Mental Health is a state of well-being in which the individual has the helpful in of a person an individual is. She can also said that COVID - 19 enlightenment. Pandemic is taking a huge toll in our lives in a way that we are limited to do the things that we are used to do. The pandemic limits us from interacting with our friends and family, and also it becomes one of the reasons for the decrease of employment rate in our country

Dr. Saldivar also shared information that drew attention from the attendees. She shared about the stigma brought by the pandemic to mental health problems. She mentioned some ways to control our emotions and handle them more appropriately. She also shared some good pieces of advice about the types of worry and what type of worry we should worrv Saldivar about. Dr. mentioned some techniques or strategies to lessen stress and to prevent thinking too much.

Indeed, the seminar is very this times when complete control over her or his everyone can't help but worry as life. Mental Health is really to where the pandemic will bring important since it shows what kind us to. Truly God sends people who inspire and bring some

LOOKING AFTER YOUR WELLBEING

PRACTICE MINDFULNESS



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HED UTILIZES LMS PLATFORM TIN TRANSITION FOR PRELIM EXAMS

by: Jade Santillan

The Learning Management System (LMS) is also known as Vincentian Collaborative Learning (ViCLE) of Environment College Concordia is designed by Mr. Norman the school's Picorro. techinician and IT together with Mr. Alex Gutierrez, the School's IT Director. The LMS was maintained in order to provide the needs of the school community.

The College's Concordians more effective Portal this times of the pandemic. of exam Last month of September, students the Higher Department held Preliminary Exam where the college students examination online.

students encountered some the exams in the system. regarding struggles the exams in terms of

Concordia connectivity, availability of Learning time and some information, Management System makes how to access the LMS. In the online learning of the line with this, the Student was filled with and efficient especially in question about the schedule and where the will their see Education account to be able to access its the LMS.

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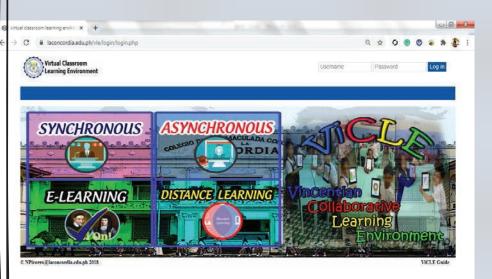
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The students were not took the only ones who struggled in accessing the learning system. The teachers also However, it is not had the hard time designing, perfect the first time. The converting and uploading

> The school administration continues to upgrade and develops the Learning Management System by adding some features to it so that the students will have an easier access to the System.



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STRENGHTENING SCHOOL AND COMMUNITY COLLABORATIONS AGAINST DANGEROUS DRUGS AND SEXUAL HARASSMENT

Concordia College held a webinar called "Strengthening Schools and Community Collaborations against Dangerous Drugs and Sexual Harassment" on December 5, 2020, via google meet and YouTube Streaming. The school invited Police Lieutenant Amie M. Centro – Tiu, Phd, JD as a guest speaker to share some information about the Dangerous Drugs and Sexual Harassment.

It was started with a prayer by Ms. Ma. Victoria Diolola. After the prayer, the Master of the Ceremonies, Mr. Buendia welcomed Mr. Alexander Pablo for his Opening Remarks to introduce the topic. Mr. Buendia introduce the afternoon's Guest Speaker, PLT. Amie Centro-Tiu, PhD Crim, Jd, the current Chief of Station of investigation and detective branch police station 10 in Pandacan, Manila. Police Lieutenant Tiu is also a review director and lecturer, she's a professor at PPSC, a PNTI Leadership Awardee and a Forensic Chemistry Specialist.

Police Lieutenant Tiu talked about the RA no. 7877, it is an Anti- Sexual Harassment Act of 1995 and according to Police Lieutenant, the State shall value the dignity of every individual, enhance the development of its human resources, guarantee full respect for human rights and uphold the dignity of workers, employees, applicants for employment, students or those undergoing training, instruction or education". She shared some examples and scenarios of sexual harassment and sexual offenders to easily identify if our rights are being neglected.

Police Lieutenant Tiu also talked about the dangerous drugs as a part of the webinar, where she shared some information about the history of drugs cases in the Philippines and also the estimated rates of cases of drugs abusers in the Philippines. Police officer Tiu also shared some way to prevent young people from doing drugs, and one of it was, choosing our friends carefully because there's a possibility that we adapt their unhealthy habits. She also viewed some negative effects of illegal drugs in our system.

There were a number of students who shared their concern and questions when the open forum was opened, Police Lieutenant answered the honestly. In the closing remarks of Mr. Darell Lanuza, he thanked PLT. Amie Centro-Tiu for sharing some awareness to the students. Ms. Giorgia Geurerro led the Closing Prayer to culminate the activity.



Editorial

To Be or Noî To Be: Taboos In The Implementation Of LMS (Learning Management System)

By: Maria Isabel Gamil

learning management system that enables that the administrators, professor students and teachers to extend the instructors and students may use. At the teaching methodology on a virtual same time, ICET department work hand learning environment. This has been the in hand to support the needs of the major medium of many different schools stakeholders in fixing their encountered and Concordia College made sure that issues. their students learning will not be compromised because of the Covid19 the integrity of the system because it has Pandemic. VICLE Collaborative Learning Environment) exams made. These are, the strict limited was launched in the Concordia Webpage time in taking the exams and the random since 2018 that gives access to students' choices of the questions that examiners synchronous tasks such as quiz, test, may have which is distinct from one minor or major examinations from their another. Progressively, teachers learn to respective courses up to enrollment of manage the encoding of exams that will their subjects.

professors, instructors and students encountered during and after accessing report their issues regarding the system. Instructors, they have limited options on teacher, administrator or through email the type of exams to use, the time frame to prevent any problem on the actual given is an issue because it allows the date of the examinations. students ample time to use their other device for cheating. On the other hand, it is very brave for everyone to take the students failed to enroll their subject risks of having the appropriate materials codes to another area in the LMS that to implement for learning. Concordia needs to be looked into. Some students was able manage and continu failed to take major examinations due to improving for the welfare of education their internet connection problem.

7

Concordia administration was advanced in taking up the measures in addressing the issues of the LMS both from teachers and students. Readily, they prepared materials through video tutorials on how The E- learning is a web- based to manage the site by the VICLE Guide

Teachers should not worry on (Vincentian features that prevent any leakages of their not take long time because they should There had been issues that have good internet connection.

Students are encouraged to the For professors and enrollment to LMS directly to their ing

All of us have our first time and through online learning.

Editor's Corner: Have A Cup Of Coffee How's the Internet **Connectivity in the Philippines By: Maria Isabel Gamil**

Last June 2020, Statista said that the overall quality of internet connection of the countries in the Asia Pacific, Philippines average connection speed rank was the lowest in 2017, published by Martha Jean Sanchez in Inquirer.net. As the Pandemic Covid 19 came, the demand for internet connection were high and students' online learning was one of the major contributors of poor connectivity issues. President Rodrigo Duterte builds the Department of Information and Communications Technology (DICT) to solve and improve the internet connectivity in the Philippines.

Even if there is an improvement in the connectivity, we cannot avoid the fact that we can still have problems along the way. For Concordians, it may be normal if they experience static audio, log video feedback, low Mobile Data and interval connections from the Network providers they have, but it will not be a hinder for them to continue their studies. They made sure to get in touch with their Professors respective and Instructors to be updated with the subject, prepare their Internet connection before the Minor and Major examinations that will happen. Now, my question is, are you one of us?



Women And Children!

Campus	Awar	eness:
VAWC	(Violence	
Against	Women	And
Their	Chi	dren)
Through Online Forum		

By: Maria Isabel Gamil

Last November 23, 2020 at 5:00 PM. Concordia held an online seminar forum for their awareness to end violence against women participated by CC- Personnel and HED students with AP Coordinator Mr. Jomari Baay as the speaker.

The and Their

the said policy refers to any property, public committed by any person and mental infidelity. against a woman who is his

wife, or against a woman

likely to result in physical, sexual, personal psychological harm or suffering, or CC Personnels and HED students economic abuse including threats proactively participated in coercion, harassment or arbitrary questions deprivation of liberty.

explained the types of violence. the social welfare and awareness to Physical Violence through Physical the students. and Physical harm, Sexual Violence this is sexual in nature, committed against a women or her child, Psychological Violence defines as the acts or omissions causing or

meaning of likely to cause mental or emotional Violence Against Women suffering of the victim such as but not limited to intimidation, Children from Section A of harassment, stalking, damage to ridicule or act or a series of acts humiliation, repeated verbal abuse

The Declaration of the with whom the person has Policy tells us that the State values or had sexual or dating the dignity of women, children and relationship, or with whom full respect of human rights. The he has a common child, or against State also recognizes the need to her child whether legitimate or protect the family and its members illegitimate within or without the particularly women and children, family abode, which result in or is from violence and threats to their safety and security. the of such acts, battery, assault, online forum to address their regarding the law. Concordia College as a learning institution makes sure that amidst Mr. Baay classified and pandemic that it gives premium to

i terary



One Of A Kind

By: Maria Isabel Gamil

While we are on the comfort zones of our home, taking our online classes having soft seats and the leisure time to enjoy things in life. There are exceptional people you will encounter that are amazing with the hope and inspiration they bring to our Youth today.

Meet Jevilyn Brigole, 23 years of age and a first year BSBAM (Bachelor of Science and Business Administration Major) who bravely facing to achieve her dreams despite the situations we are having now.

She is a working student and currently staying in their retail stall at Roxas Sta Ana Manila. Instead of focusing on her online classes and doing projects, she continues to attend the Google meetings and works on her

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assignments while assisting and serving their customers.

How do you handle your time as a working student? Where do you always do your projects and class online?

"Sometimes it's hard for me to manage my time especially in submitting requirements to school and there are times I was confused while selling in front of the customers. I always have my online real time in the stall, as well doing my projects and assignments if there is a free time."



While selling, she manages to do her assignment well.

Why do you think every student should continue his/her dreams in life like you do, despite this Pandemic?

"For me, even there is no Pandemic I have already my dream of becoming a policewoman someday. When I see Policemen it makes me more determined to pursue in finishing my studies because I don't just want to become a seller all my life. That is why I'm doing this for my dreams."

What can you advise to students who are losing hope to achieve their dreams?

"I can advise to other youth and students out there, that whenever there is an opportunity for them while they're young, take it, don't waste, take action and use the hardships you'll encounter as a way to fulfill your dreams in life as God will be with us in taking the path through success."

Having an interview with her, you can say that one day, all of her hard work and perseverance will be paid off by success.



Prose Section.....

Astraea's Cry

By: Maria Isabel Gamil

T

Sol open my eyes to see my star in the night, Stargazing, filling that jocund moment I had, Dazzle to the sparkles you brought to my eyes, Hoping that one day, I could reach him; not that high. Held me in your arms, though impossible for us, Spend the night dreaming, that Cupid comes at night. Oh, thy Shine! I'm your despair Psyche; please hear me now; I'm ready thy love, just let this night be for us.

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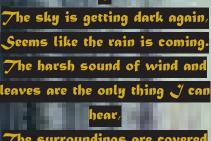
Jupiter! Mighty of all Gods please, hear my cry, What this heart of bliss that has given with thy life, To set in the underworld, like Proserfine; No value of life, imprisoned to death of love. IV

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Astraios my love, I know you're there watching me, Feeling the same longing, of your twilight indeed, We'll be together, won't be long just wait for me,

I'm dead now, but you're really not here to love me.





The surroundings are covered with darkness, should J feel

fear

Suddenly, the rain starts to pour, And the cold wind embraced us whole.

JJ

t sends chill down into our spines, creeping into our souls, ike our body, waited for it and respond to its call.

11

JJJ J waited for a few minutes, After the rain the rain touched the dry land. And recognized the familiar scent coming from the ground, Then memories from childhood flashed in the back of my mind. J and my childhood friends will wait for this season to come, And we take petrichor as our sign to feel free and run.

A huge smile plastered on my face

And remembered the good old days.

Envious from the little me, Whom feel safe, sound and free. She makes me crave to feel this world with a skin of a child, Oblivious to everything, except from love, playing and dreaming.

Literary Features

Senior Concordians

My Dynamic Life Journey

by: Mary Kyle Enriquez Art Appreciation Student

Lífe's the greatest masterpiece in the universe We live uniquely, we walk different pathways Lífe is an empty soul like a rhythm less verse But thou shall not waste the world's significant phase.

There is no such existence of a flawless life Yet, life is beautiful despite from its darkness Lendlessly chase the melodies from the fife Lstill countlessly stumbled to the road's coldness.

In my life, nemesis is inevitable And I attest that their wrath could not defeat me My hope is powerful and it's enviable Nothing hinders me from achieving, and you'll see.

I fought so hard to beat and break the barriers I step outside and found a vibrant place to breathe In the world of artfulness, I am a warrior And under the bludgeoning odds, I do not seethe;

I, my life's author fearlessly conquers the block Artistry is my air; in this sphere I am great Amidst blackness I will shine on my own tic tac Life is strenuous but I'm the master of my fate.

Literary Features

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Pagsisisi By: Rosenie Ausencia Art Appreciation Student

Naiisip mo ba, Noong mga panahong, wala pang pandemya, Asan ka, asan sila,asan tayo,

Gala dito,gala doon Gastos dito ,gastos doon Ngayon, naiisip mo na ba, Ang halaga ng pera, Sa panahon ng pandemya.

Ngayon ikaw ay nagsisisi, Kong bakit, ikaw ay hirap sa sarili

Pandemya,mawala kana Yan ang iyong mga nasasabi Sapagkat ikaw ay wala ng maibili Sa pamilya mo at sa iyong sarili.

Ngayon ikaw ay nagsisisi

Sana nag ipon ako, Sana nag tipid ako, Sana napaghandaan ko ang ganitong pandemya, Sa dami mong sana,maiiyak kana Habang binabanggit,na sana pandemya,mawala kana

Ngayon dahil sa pandemyang ito, Iyong napag tanto, Na tama ang kasabihang ito, Nasa huli ang pagsisisi

Sana ito ay maging leksyon sa atin ngayon

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Literary Features

Jy Love For Ar

by: Anna Sofihia Pahang Art Appreciation Student

My love for art is so great, my heart melts for it When I thought of the dance, I have dreamed of the dances.

Dance, music 'till day's dawn, wondering mind 'till it sees. Each steps, I discovered my heart pounds as it groves.

My love for art, till the night steps when it's away As my body plays the music from yesterday I pay attention as I learn the steps to play As I discovered the moves my love for art sways.

My creativity, passion, as my heart says Feel every steps, beat, and rhythm of the music As I portray the dance, it display the magic That the beautiful image left us about being classic.

As the time goes by my love for art is timeless As I dance to express my talents and progress To share the whole world I feel in dancing in time The beauty of it grew stronger, till the age of time.

"Kape"

by: Sofia Mae Valenzuela Art Appreciation Student

Panibagong araw na puro trabaho Tiyak kong muling sasakit iyong ulo Pago't, antok may dadagdag pa ba dito? Gusto mo'y kape? Ika'y pagtitimpla ko.

Mapait na kape ba ang iyong nais? Na parang buhay, mayro'ng mga hinagpis Paghihirap, pagsubok na labis-labis Nakakahina! Ngunit dapat magtiis.

Pait ay takpan, asukal ay ilagay T'yagain ang mga pagsubok sa buhay Malapit-lapit na ang 'yong hinihintay Ang tamis na simbolo ng 'yong tagumpay

Para may kulay, dagdagan pa ng krema Na bumubuhay sa kapeng walang-gana Ngayon tayo ay krema, ang kape'y sila Bigyan ng kulay nang sila ay sumigla

Literary Features